



Lakewood School District Flu Outbreak Information

Lakewood School District takes very seriously the health and safety of our students and staff. We are continually tracking the current flu outbreak and are following any and all direction from the Snohomish Health District.

Lakewood School District has had a Pandemic Flu Plan in place for several years. The District Emergency Management Coordinator, the District Nurse and District Administrators are working diligently to ensure an appropriate and timely response to this health issue. We have begun to implement the preparation phase of the flu plan which includes:

- Continuation of teaching students and staff about healthy habits such as hand washing, covering coughs/sneezes and staying home when sick.
- Continuation of standard cleaning procedures in all school buildings – our standard level includes cleaning all rooms each day with disinfectant solutions as recommended by the Snohomish Health District.
- Continually following updates from all Federal, State and Local health agencies in how and when to respond to the outbreak. The Snohomish Health District will make the determination when to close schools and businesses. The District Nurse is tracking any flu-like illnesses within the district and will report according to existing protocol. As of this date, we have had no reported cases of flu-like illness within the district.
- The district is prepared with a large stock of gloves, masks and extra cleaning supplies in the event of outbreak within the district.

All staff are being informed of symptoms of flu and what to look for in order to promptly identify any cases.

What if your child becomes ill?

- Any student with flu-like illness symptoms would be sent home promptly with instruction to stay home unless illness becomes severe.

The Snohomish Health District is asking parents to treat their ill child at home as though they have any other strain of flu (rest, fluids, stay home). If symptoms worsen, become severe or you feel your child needs to be evaluated by their healthcare provider you are asked by the Health District to **CALL FIRST** before going to a clinic or other health facility. Your healthcare provider will instruct you on how and when to be seen.

Snohomish County has activated a call Flu Information Hotline. The number is **425-388-5060** and is available from 9am – 4pm daily.

The following resources are available for more information on the outbreak and Lakewood School District's plan:

<http://www.lwsd.wednet.edu/district/pdffiles/SickStudents.pdf>

<http://www.lwsd.wednet.edu/district/pdffiles/FluSxChecklist.pdf>

http://www.cdc.gov/swineflu/swineflu_you.htm

<http://www.lwsd.wednet.edu/district/pdffiles/PandemicInfluenzaPlan.pdf>

<http://www.k12.wa.us/HealthServices/swineflu.aspx>

http://www.nasn.org/Portals/0/resources/2009_05_01_talking_with_children_about_flu.pdf

English: <http://www.doh.wa.gov/swineflu/facts.htm>

Spanish: http://www.doh.wa.gov/swineflu/docs/swineflufact_sp.pdf

Russian: http://www.doh.wa.gov/swineflu/docs/swineflufact_RU.pdf

http://www.lwsd.wednet.edu/district/pdffiles/hand_sanitizer_guidelines.pdf

If you have any questions, feel free to contact:

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